

Case study: when food & data sciences make peace with meat....



iNewtrition
FOOD SCIENCE EXPERTISE

 **Raphaëlle O'Connor**

 +353876765112

 info@inewtrition.com

Content

- Formulation by design – Raw materials & ingredients
- Finished product characterisation & benchmarking
- Processing & technology
- Market research & consumer insights
- Compliance by design – Regulatory landscape
- Next steps

Formulation by Design

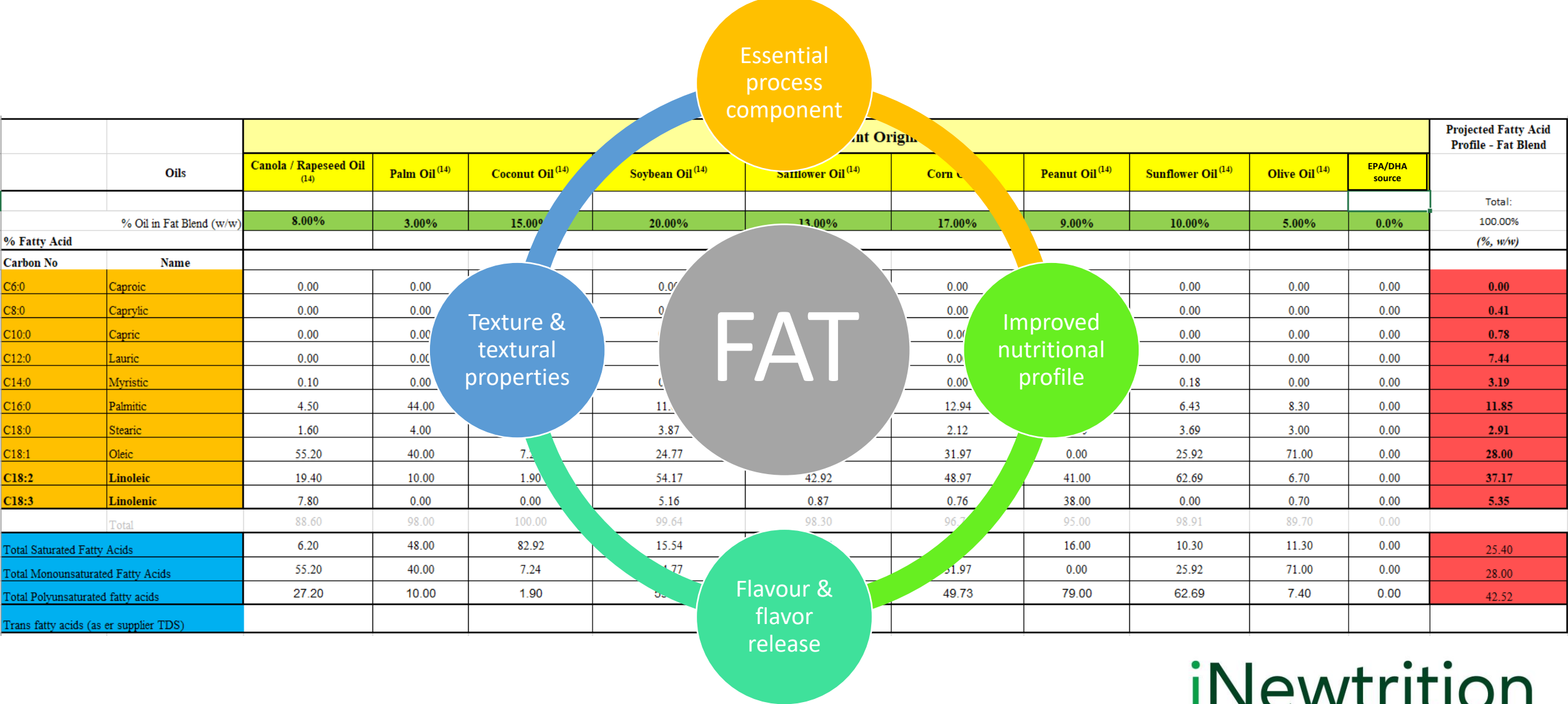
- Nutritional profile: protein content (include profile: EAA), Fat (SFA, TFA, USFA, PUFA), total sugars, fiber, sodium, Vits. B12 and D, Iron and Zinc content
- Ingredients list to be defined
- Do we understand current composition of the medium including minerals (Ca^{++} and K^{+} specifically)?
- Formula fits. Fortification as required with focus on sensitive (heat, oxygen, chemical degradation, etc.) nutrients. Mass balance calculations (recovery key nutrients)
- Projections (nutritional) and simulation (functionality) focused by focused experimentation leads to rapid product development.
- Food model system to use: meat analogue or margarine?

Fats and Fatty-acids Profile

		Fatty acid content (g/100 g fatty acids)	
Nomenclature	Denomination	Fat of <i>foie gras</i>	Duck fat
C14:0	Myristic A.	0.9 ± 0.00	0.6 ± 0.01
C14:1	Myristoleic A.	0.1 ± 0.00	0.1 ± 0.00
C16:0	Palmitic A.	28.1 ± 0.05	26.1 ± 0.20
C16:1	Palmitoleic A.	2.9 ± 0.00	3.2 ± 0.01
C18:0	Stearic A.	10.6 ± 0.06	6.5 ± 0.00
C18:1 9t	Elaic A.	0.2 ± 0.01	0.2 ± 0.00
C18:1 9c	Oleic A.	54.9 ± 0.10	53.0 ± 0.17
C18:1 11c	Gs-Vaccenic A.	1.0 ± 0.00	1.0 ± 0.05
C18:2	Linoleic A.	0.9 ± 0.00	9.0 ± 0.04
C18:3	Linolenic A.	-	0.3 ± 0.00
C20:1	Gondoic A.	0.1 ± 0.06	0.2 ± 0.00
Unknown		0.5 ± 0.06	0.4 ± 0.00
Total saturated		39.6	33.2
Total monounsaturated		59.1	57.6
Total polyunsaturated		0.9	9.3

polyunsaturated lipids (in our studies, values of 33.2 g/100 g for saturated fats, 57.6 g/100 g of monounsaturated, and 9.3 g/100 g of polyunsaturated lipids were obtained).

Example: Fatty acid profile & projections for fat blend



Same principles apply to proteins (essential amino acids), carbohydrate, fibers, minerals & vitamins.... **SCIENCE EXPERTISE**

Functional Ingredients

- High-water holding capacity
- Intrinsic / innate nutritional value
- Emulsification properties
- Gelling (condition specific)
- Heat, pH, freeze/thaw and shear stability
- Natural and smooth texture
- Balanced flavour
- Clean-declaration

Processing & manufacturing

Relevant Technologies

- High shear mixing / homogenization
- Biotechnology / fermentation
- High Pressure Processing
- High hydrostatic pressure
- Heat processing - Canning / Sterilisation (up to 130C)
- Tailored texturisation of proteins if needed
- Molecular gastronomy
- Enzymatic hydrolysis

Parameters & Criteria

- Texture / Visco-elastic properties of the gel
- Heat-induced aggregation & colloidal stability
- Aw
- Characteristics of the emulsion (w/o, o/w) and double-emulsions
- Texture and taste throughout 24 months shelf life (non-refrigerated storage)

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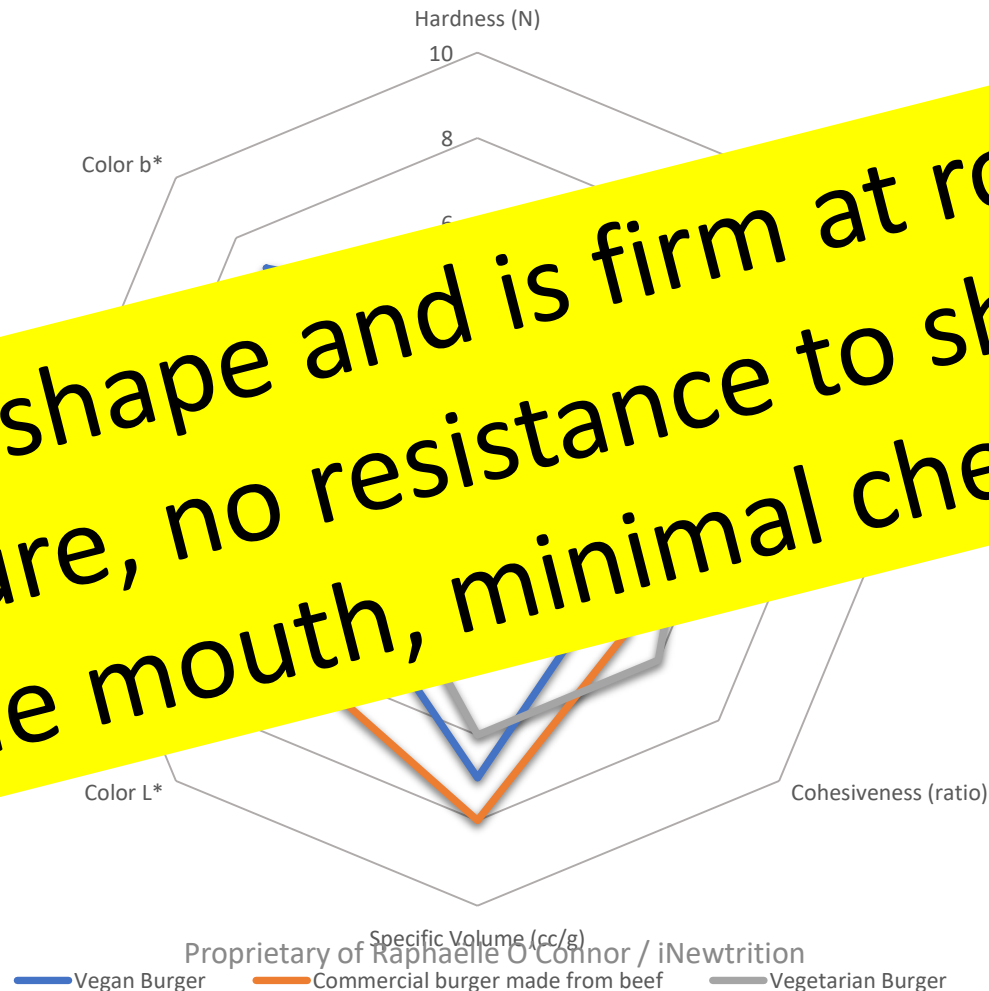
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Finished Product characterization & specifications

- Evaluate throughout shelf-life
- Contaminant testing / Anti-nutritional factors
- Nutritional profile optimized by design based on DRA / EU guidelines: protein content (include profile: EAA), Fat (SFA, TFA, PUFA, EPA/DHA), total sugars, fiber, sodium, Vits. B12 and D, Calcium, Iron and Zinc content. Targeted health benefit platforms. For example Omega 3 and 6 and EPA/DHA
- Texture profile at room temperature throughout shelf life and upon cooking at home (i.e. culinary experience)
- Develop unique sensory & culinary experience and expertise. Mouthfeel & flavour
- Sensory analysis and profiling with trained panel
- Flavour profile optimization with flavor house / strategic partner. In-process flavor generation + controlled release (delight consumer through enhanced culinary experience) & microencapsulation.
- Focus group with target segment

Finished Product characterization - Physical

Physical characteristics of 125g Burger (10% fat) made from
beef and plant protein isolate



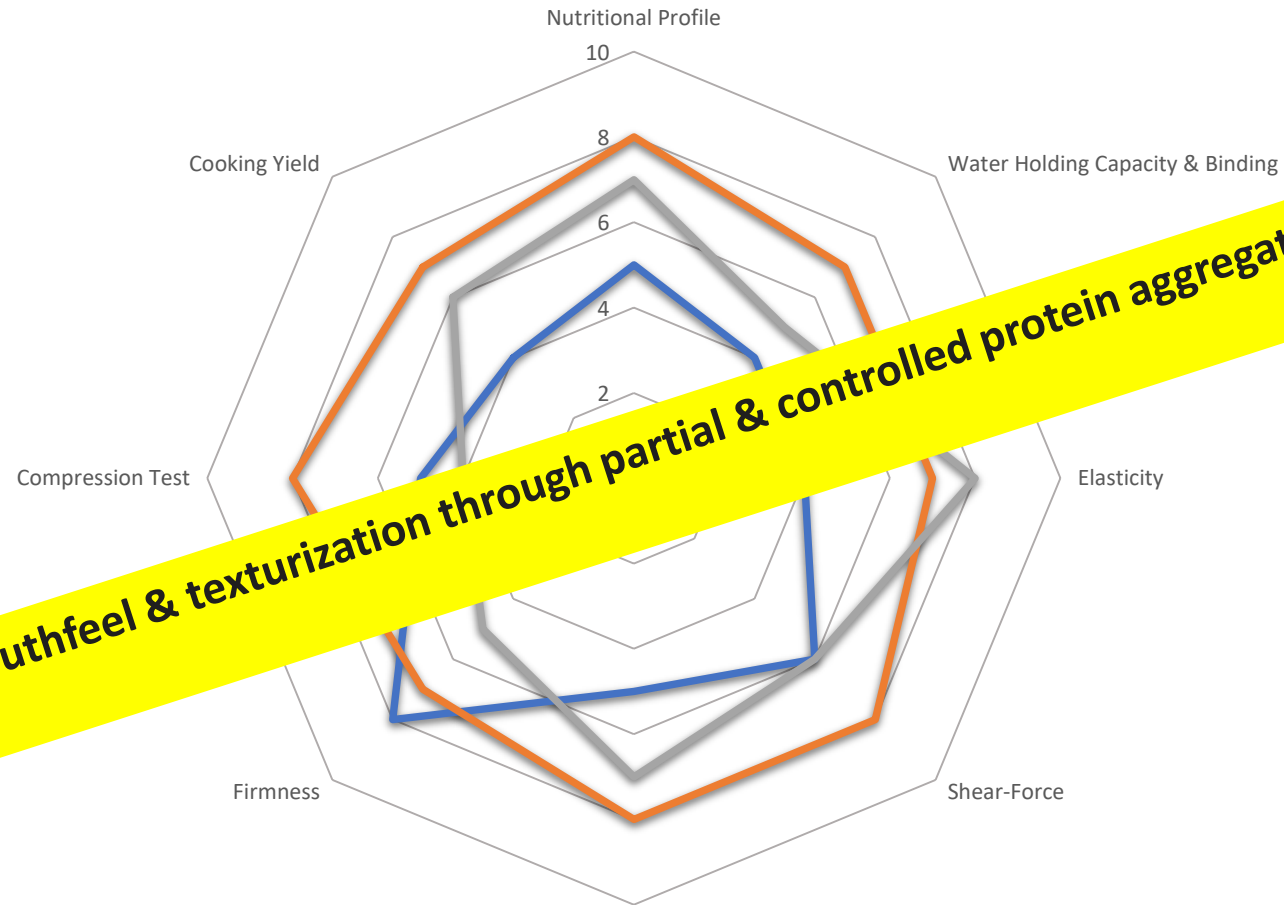
Holds shape and is firm at room temperature, no resistance to shear, melt in the mouth, minimal chewing

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— Vegan Burger — Commercial burger made from beef — Vegetarian Burger

Finished Product characterization - Texture

Texture characteristics of 125g Burger (10% fat) made from
beef and plant protein isolate



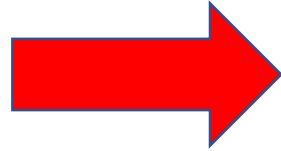
Mouthfeel & texturization through partial & controlled protein aggregation

Consumer experience & culinary preparation

- Avoid separation sedimentation / syneresis
- Must perform well when fried, baked, blended
- Firm structure with minimal fat / moisture exudation
- Minimum fat loss during cooking

Current to optimized Nutritional Profile (% w/w)

- High Calorie content
- 30% water
- 5 to 10% protein
- 55 to 60% fat
- 2% carbohydrate
- 0.9% Ash
- Cholesterol (375mg)
- Triglycerides
- Phospholipids
- Saturated fat
- Monounsaturated fat
- Sodium (732mg)
- Vitamin A (8,500 µg)



- 45 to 65% carbohydrate (total / available)
- Fiber (optimal blend soluble/insoluble)
- 30% protein
- 35% fat
- Phosphatidylcholines
- Choline
- Intake of saturated fatty acids to less than 10% of total energy intake and their intake of *trans*-fatty acids to less than 1% of total energy intake. Draft guidelines recommend using polyunsaturated fatty acids as a source of replacement energy, if needed.

Complex combination of flavours

- In-process & controlled flavor generation
- Maillard reactions
- Flavour house strategic partner
- Controlled release (served cold vs. hot)
- Encapsulation

No.	name	strength
1	Hexanal	S
2	Heptaldehyde	
3	2- Ethylcyclohexanol	Pickles taste
4		Grease fresh taste
5		Slight odor
		L
		Peanut flavor
		L
		Seafood flavor
		M
		Burning smell
		S
		Sauce flavor
		S
		L
		M
		-
		S

2-acetyl-1-pyrroline ("roasty, popcorn-like")
2-acetyltetrahydropyridine ("roasty, popcorn-like")
2-acetyl-2-thiazoline ("roasty")

E-2 nonenal ("fatty")
E,E,2,4-decanedial ("fatty")
E,E,E,4-nonedial ("fatty")
heptanal ("fruity, fatty, sweet, oil")
E,2-heptenal ("fatty")
1-undecen ("fatty, burnt, nutty, rubbery")
2-formyl-5-methylthiophene ("sulfurous")
2-acetylthiophene ("sulfurous, sweet")
Benzothiazole ("metallic")
Alkylpurazines (Maillard reaction – "nutty, roasted")
Oxazoles (idem – "green, nutty, sweet")

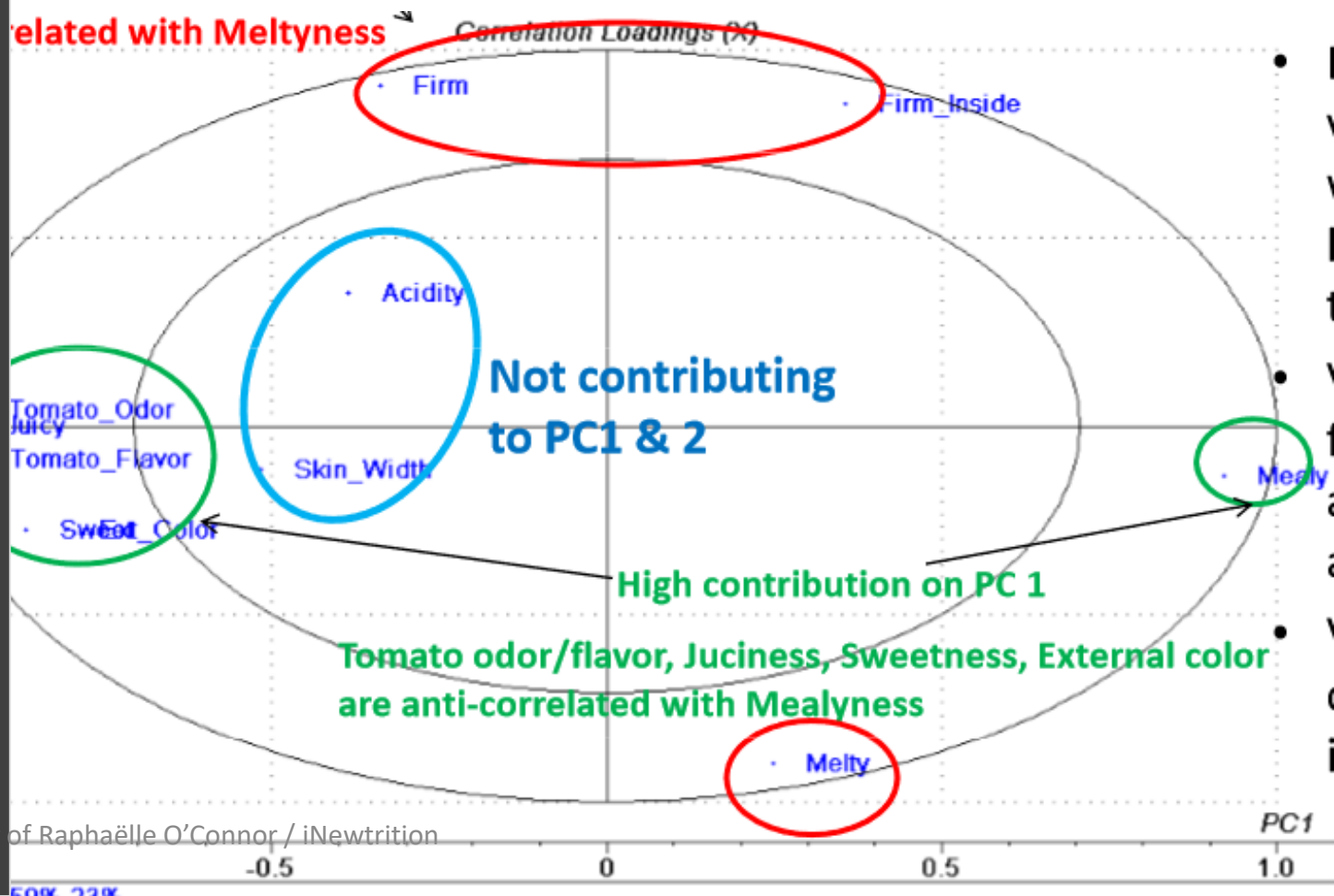
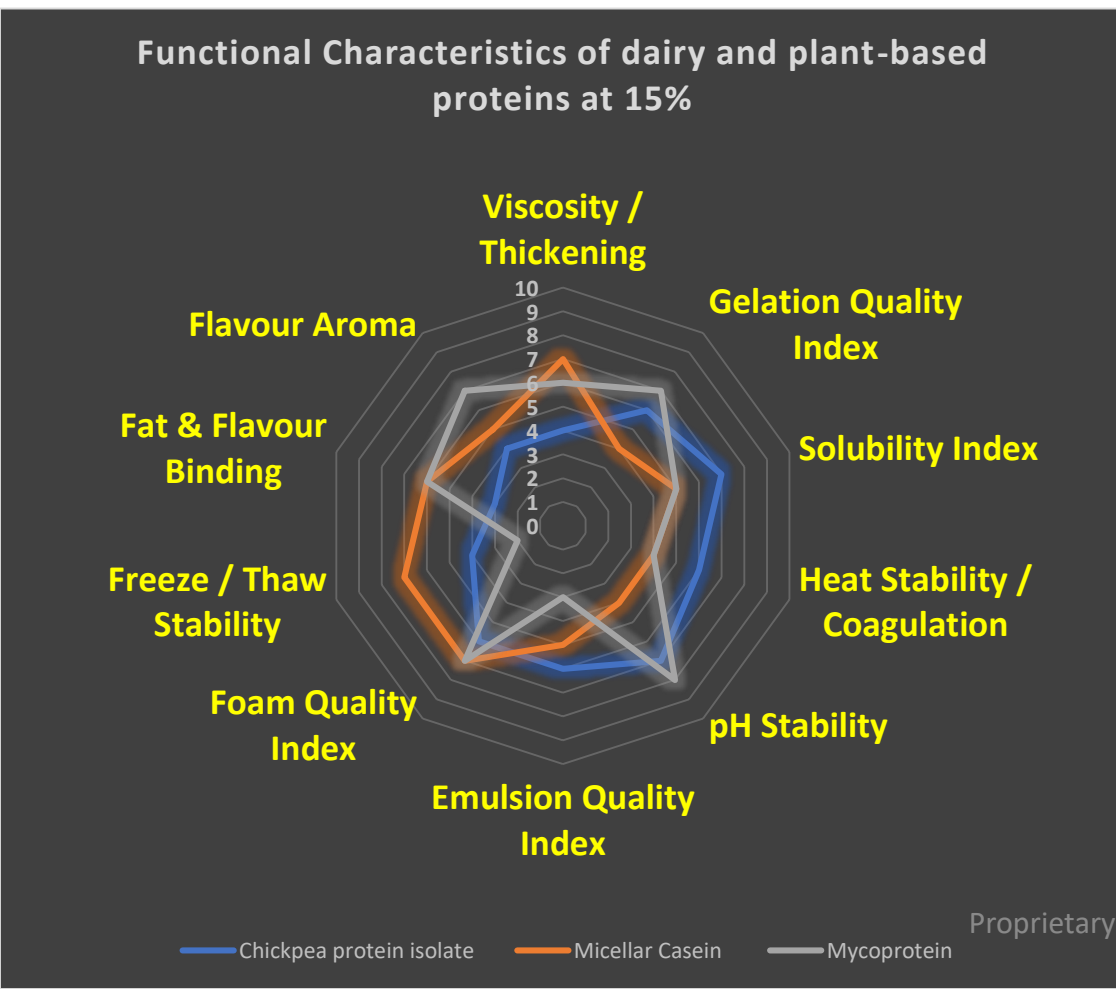
Pentanol
Hexanal
Hexanol
1-octen-3-ol
Nonanal
β-pipene
2,4-decanedienal

Note: S Expressed strong; M Representation; L It indicates weak.
[XIE, Zhang bin, Yao wei, Fan Ze-yuan, DENG, Rong LIU, Jing LI, Jiang-... DU.
"Analysis of Volatile Compounds in Foie Gras by SDE, GC-MS and GC-O [J]." Food Chemistry 124 (2011):

Consumer segment, profile & persona

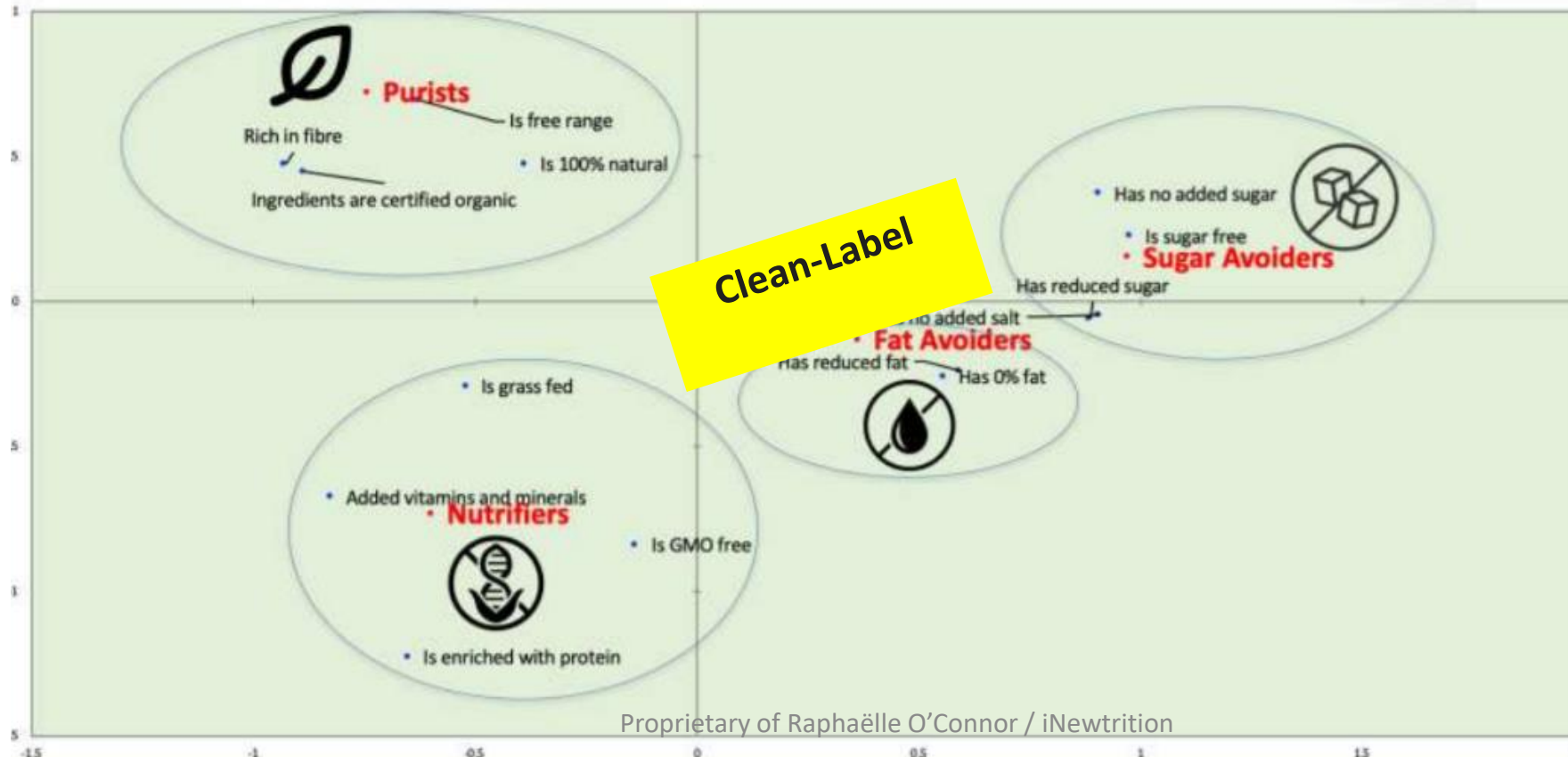
- Confirm suitability ingredient list
- Confirm communication strategy
- Commercialisation of science
- Natural plant-based emulsifiers, stabiliser, anti-oxidants & in-process flavour generation
- Clean-label. See <https://www.bordbia.ie/globalassets/bordbia.ie/industry/marketing-reports/consumer-reports/what-does-clean-mean-2019.pdf>

Food Industry: Market knowledge & consumer insights



Consumer health goals influence choice of food

Dependant on what the consumers health goals are, they will be pulled towards products that contain certain ingredients and likewise will be pushed away from products that contain ingredients that are not aligned with their health goals.



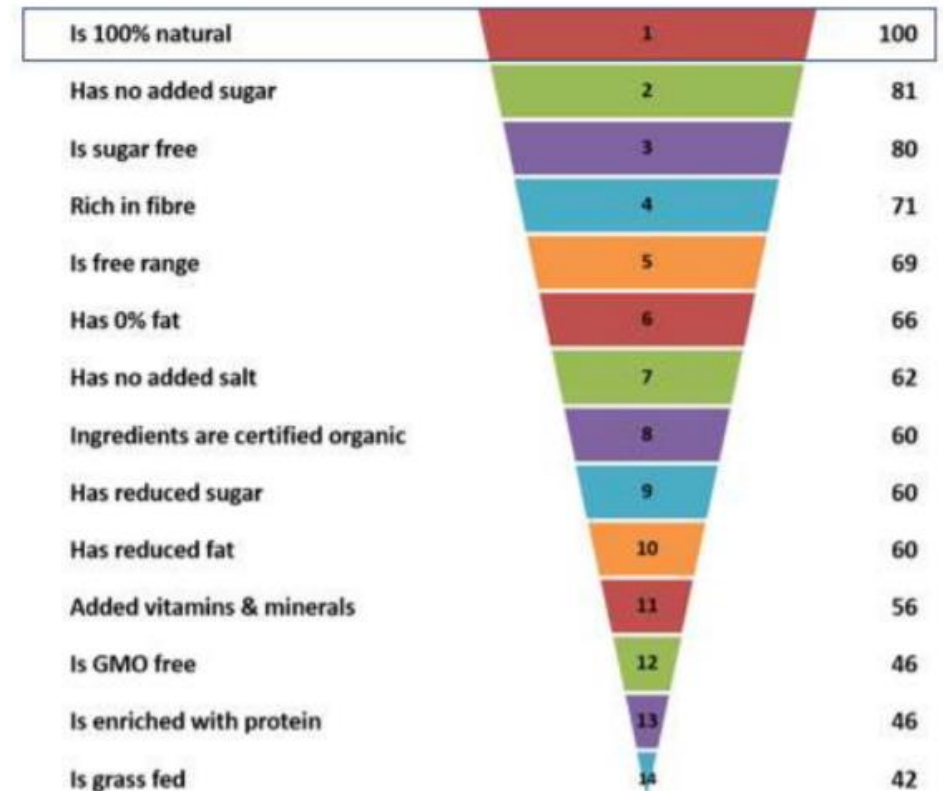
Consumer Insights

Claims that influence

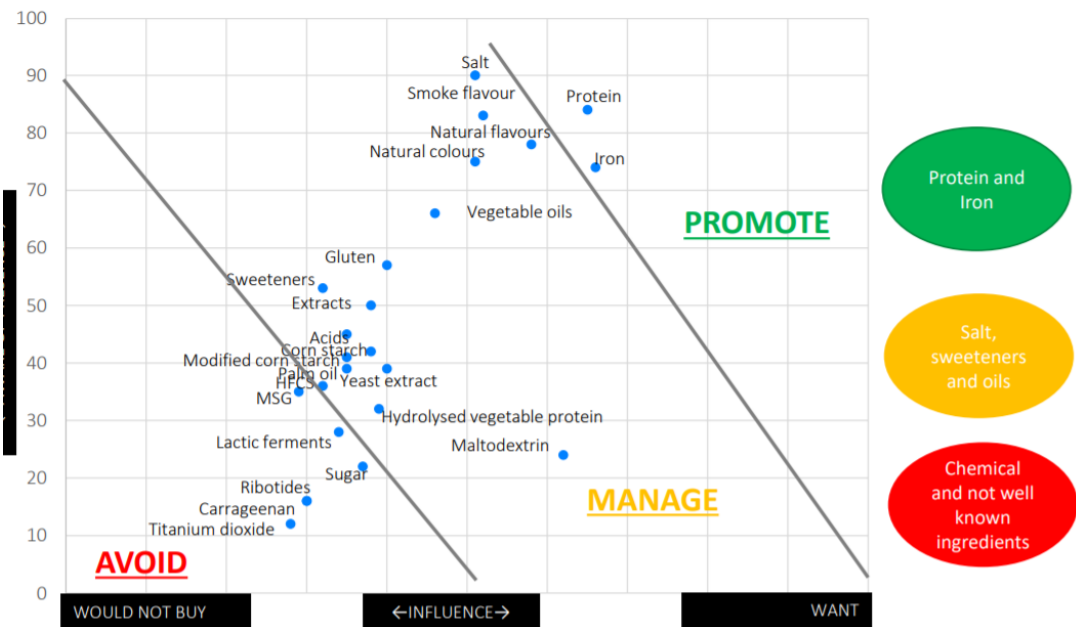
Brands will make claims about the physical product's ingredients, nutrients, production and sourcing. Typically, these claims are not contained in the finer points of a product's label. Rather, they form part of the brand itself and are presented via badges that are highly visible on packaging.

Consumers want to see such badges on the front of packaging to avoid friction. Consumers admit to these claims exerting influence over their buying decision. Of course, there will be some claims that exert greater influence than others, depending on brand, on product type and familiarity. Yet it is essential to understand the hierarchy of influence on the basis of the claim itself.

From a broad range of claims, “100% natural” is by far the claim that exerts most purchase influence across the five markets. Thus it is preferable to have nothing added or naturally



Category Dynamics: Sliced Cooked Meats



No love for –ates and -ites

The concept of clean is not based on scientific evidence but often on consumer perceptions and retailer positioning. Foods with the letter X are generally avoided

- Titanium Dioxide
- Maltodexxtrin
- Xanthan Gum
- Nitric Oxide



nitrite NO ₂ ⁻¹	sulfite SO ₃ ⁻²	phosphite PO ₃ ⁻³
nitrate NO ₃ ⁻¹	sulfate SO ₄ ⁻²	phosphate PO ₄ ⁻³

44%

Avoid food and drinks that contain preservatives

55%

Avoid food and drinks that contain sweeteners or sugar substitutes

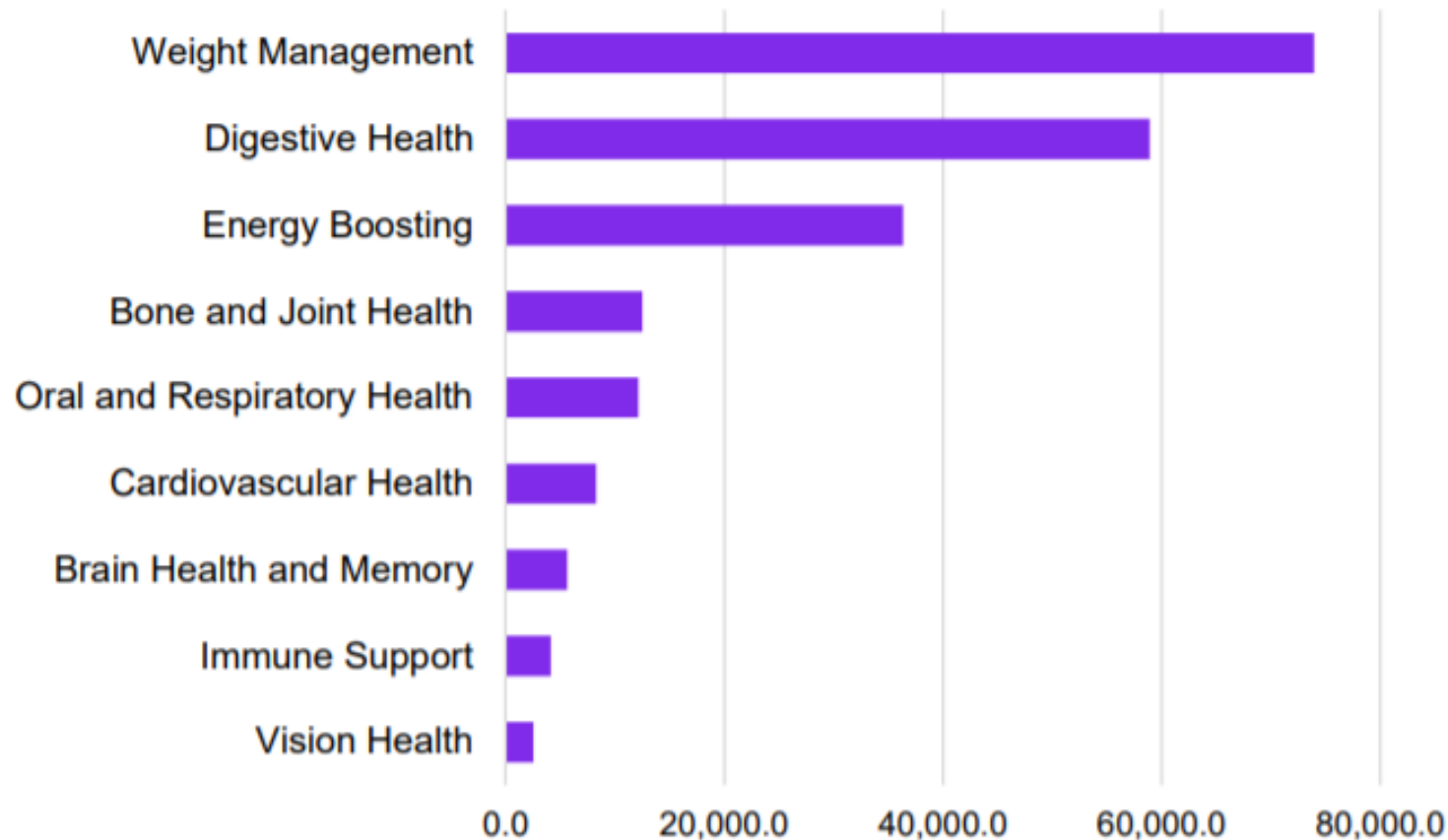
Category dynamics for sliced cooked meats

Functional Foods

- Nutritional / Health claim as per EFSA
- Refine health benefits platform and align with formulation by design
- <https://www.bordbia.ie/globalassets/bordbia.ie/industry/marketing-reports/consumer-reports/functional-food-and-beverage-innovation-playbook-june-2019.pdf>

The market is dominated by three broad functional claims.

Global Value by Functional Claim (€million) 2018



Weight management, digestive health and energy boosting claims make up the majority of the market.

However, as a greater number of health & wellness issues impact modern society, there are opportunities with other functional claims.

Resilience – performance summary.

jump!

Think about a future where...

Promoting mental wellness is important to people.

In this future, modern lifestyles have greatly increased stress levels. As a result, mental health is now a health priority.

In this future, in order to address this, many people have dramatically reduced alcohol intake. They are also turning to food & drink products to relieve some of the stress that may keep them from living life to the full.

One chocolate product infuses CBD (the relaxing, non-psychoactive strain of cannabis) with Maca root (a herb which helps the body fight stress) and ginseng (which naturally boosts serotonin levels) to reduce stress.



LIKELIHOOD

88%

v 83% average

STRENGTH

9.4

v 8.4 average

REGION

IRE 86%

UK 90%

US 87%

AUS 87%

GENDER



91%



83%

AGE

18-34

88%

35-49

89%

50-60

82%

TIMEFRAME

65%

v 61% average

of people think this will become common within the next 2 years

TOP OCCASIONS

35%

Part of breakfast

29%

After working out/exercise

27%

Before working out/exercise

TOP CATEGORIES

38%

Sweet snacks

29%

Specialised sports nutrition products

27%

Savoury snacks

OVERALL PLATFORM RANKING

2nd

FUTURE LIKELIHOOD

Probable

POPULARITY

36%

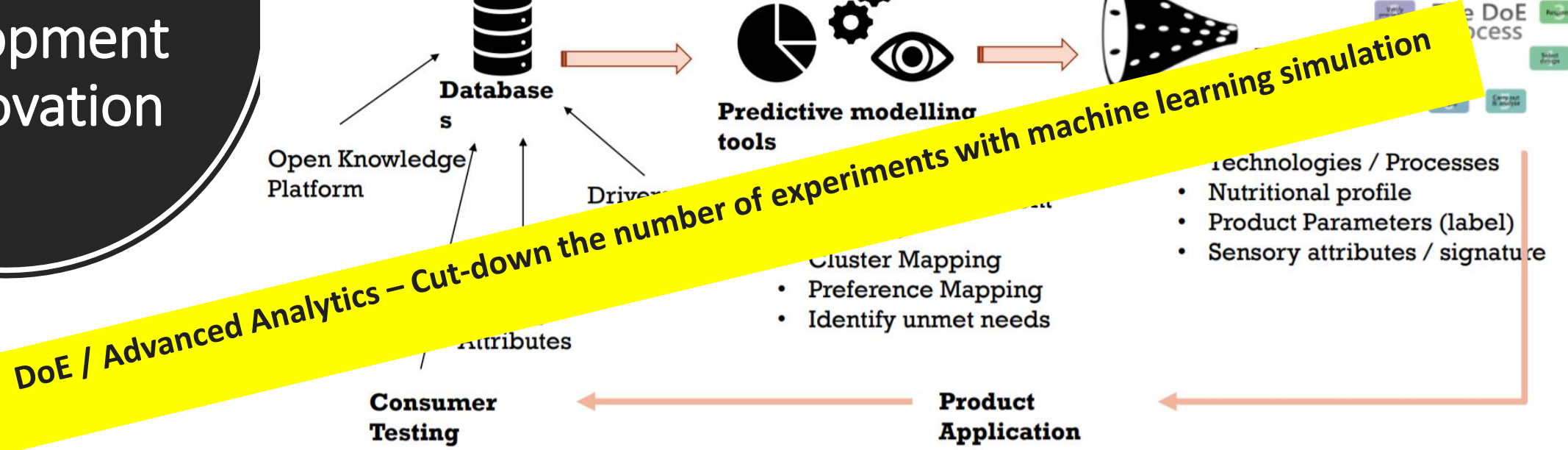
v 36% average

of people think more than half of people will purchase this product

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Fastrack product development & innovation



From DoE to Advanced Analytics and ML - Simulation followed by focused experimentation leads to rapid product development.

Business model & value proposition / IP

- B2B
- Software/data science platform for food innovation
- Ingredients prediction and (possibly) market insights
- Multi-dimensional database of functional & nutritional ingredients that are commercially viable

Next Steps

- State-of-the-Art / Freedom-to-Operate (IP)
- Define / refine model system (emulsified gel) and profile for finished product / benchmark (texture & nutrition)
- Characterisation raw material and target finished product
- Understand innate/inherent profile of the medium and what scope we have for modification
- Agree and align on fortification (i.e. aligned with health benefits / DRA / customers requirements & expectations)
- Agree on project timelines
- Carry out mass balance and projections for all nutrients
- Apply compliance and formulation by design principles
- Develop early innovation portfolio (i.e. USP / differentiation / health benefit platform) to finalise a robust formulation by design.

Thank You

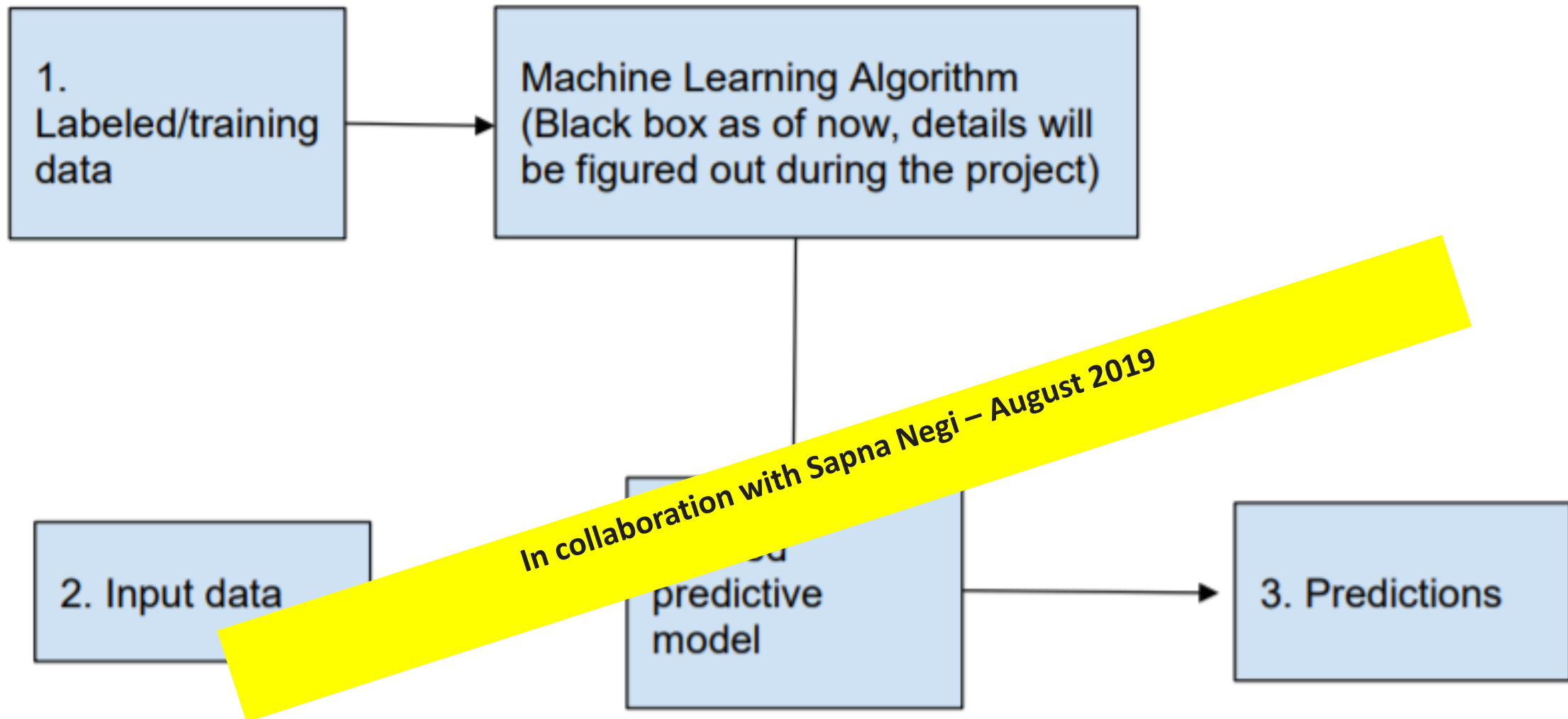
 **Raphaëlle O'Connor**

 +353876765112

 raphaelle.oconnor@hotmail.com

Back-Up slides

RD&I + Data Science => Advanced analytics / ML / AI



1. Training/Labeled data for a predictive model (manually collect a few hundreds)

1A - Alternative sustainable Ingredients

Ingredient Name	Characteristics (from technical data sheet)	Functionality in food (upon heating)
Flours	Moisture / Dry matter	Viscosity
	Particle size distribution (<50, 100, 150, 200, 300, 500µm)	Hardness
	Water holding capacity / Syneresis	Springiness
	Ash content	Cohesiveness
	Degree of polymerization (DP)	Elasticity
	pH	
	Conductivity	
	Solubility at 25C	
	Wettability	
	Dispersibility	
	Reducing power	
	Sweetness	
	Viscosity at different temperatures	
	Freezing point depression	
	Sorption isotherm	
	Process stability (acid and thermal)	
	Stability during storage	
	Nutritional profile (energy,	

	soluble/insoluble/dietary fiber, protein, carbohydrate, sugar, fat, sodium, vitamins & minerals)	
Concentrates	Same as above	Same as above
Isolates	Same as above	Same as above
Starches	Same as above	Same as above
Hydrocolloids	Same as above	Same as above
Fibers	Same as above	Same as above

Vegetarian Burger	Hardness	Water	25 to 40
	Springiness	Flour	10 to 25
	Cohesiveness	Concentrate	5 to 10
	Elasticity	Starch	3 to 8
		Hydrocolloids	0 to 1
		Fiber	5 to 15

Differentiation



- Commercial available ingredients vs. isolation of functional or bioactive compounds
- Data Science capability platform for other companies in the same space

The first-ever patent covering machine learning methods and systems for food ingredient discovery.

